



VA DISABILITY GROUP
PLLC

Acid Reflux Symptom Logs

Hello,

In the Intake Questionnaire, you indicated experiencing Acid Reflux/GERD. With this packet, I have included the relevant log. This symptom log packet also includes a rating schedule, used by the VA, on the very last page. This page will give you an idea of how your condition may be rated, and the specific terminology the VA uses to rate your condition. Additionally, definitions for some of the more technical medical terminology has been provided.

It is very important to read and understand these criteria, as your records are used by the VA to evaluate the severity of your condition.

On each page, please fill in your name in the upper-left hand corner and use the log to document all relevant symptoms and send this log back to the firm every 3 months (the firm will handle the submission to the VA – please do not submit these to the VA yourself). Please make sure you sign and date the bottom of each page before submitting these to VA Disability Group.

IMPORTANT: Focus on reporting the frequency and severity of your symptoms, including the intensity and duration of the pain and/or discomfort. Additionally, if your Acid Reflux causes you to regurgitate (bring swallowed food up again to the mouth), ensure this is recorded in the “Symptoms Experienced (Daily Notes)” column.

You do not need to create an entry for every day, just the days you are experiencing symptoms. Documenting the frequency, severity, and specific symptoms of your condition could help your claim.

You can return this to our office in any of the following ways:

Email: cd@vadisabilitygroup.com

Fax: 269-569-8611

Mailing Address: 2974 Business One Drive, Kalamazoo, MI 49048

Once again, we appreciate you choosing our firm and we look forward to working with you on your disability claims. Please do not hesitate to contact the office if you need more logs, need paper copies, or have questions on how to appropriately record your symptoms.

Kind regards,

VA Disability Group, PLLC

Rating Criteria for Respective Evaluations

60 Percent:

Symptoms of pain, vomiting, material weight loss and hematemesis or melena with moderate anemia; or other symptom combinations productive of severe impairment of health.

30 Percent:

Persistently recurrent epigastric distress with dysphagia, pyrosis, and regurgitation, accompanied by substernal or arm or shoulder pain, productive of considerable impairment of health.

10 Percent:

With two or more of the symptoms for the 30 percent evaluation of less severity.

NOTE: These are the acid reflux (GERD; Gastroesophageal Reflux Disease) symptoms associated with corresponding disability evaluations (Rated analogous to 7346 Hernia Hiatal). In general, you need symptoms at the respective evaluation to qualify for such. If these symptoms are experienced, you will want to list them in the “notes” section of the Acid Reflux log. Please keep in mind the listed symptoms are not exhaustive. All symptoms you associate with your Acid Reflux condition should be listed in the notes section even if it is not listed.

Medical Definitions

Hematemesis – Vomiting of blood

Melena – Dark sticky feces containing partially digested blood

Anemia – A condition marked by a deficiency of red blood cells or of hemoglobin in the blood, resulting in paleness and weariness

Dysphagia – Difficulty swallowing

Pyrosis – Heartburn; a burning sensation in the upper abdomen

Regurgitation – The action of bringing swallowed food up again to the mouth

Substernal – Situated or perceived behind or below the sternum

Reflux – The flow of a fluid backwards through a vessel or valve in the body (i.e. when the acidic secretions of the stomach reflux back upwards)